

# Workshop Lewis Deep Democracy

- Cultivating more inclusive mindsets: inclusive interaction and decision making -



## Programma

- Welcome & Check-in
- Short introduction: culture & diversity (from an anthropological perspective)
- Lewis Deep Democracy: inclusive interaction & decision making
- What about rank



### Mara Verduin



Cultural anthropologist, trainer, facilitator, and Deep Democracy Instructor:

- Culture & culture change
- Diversity & inclusion
- Personal & collective leadership
- Community building
- 'New' democracy



## Check-in







- Creating order in chaos
- Meaning giving system
- Unique answers to universal questions
- Interaction & decision making



## Culture & power

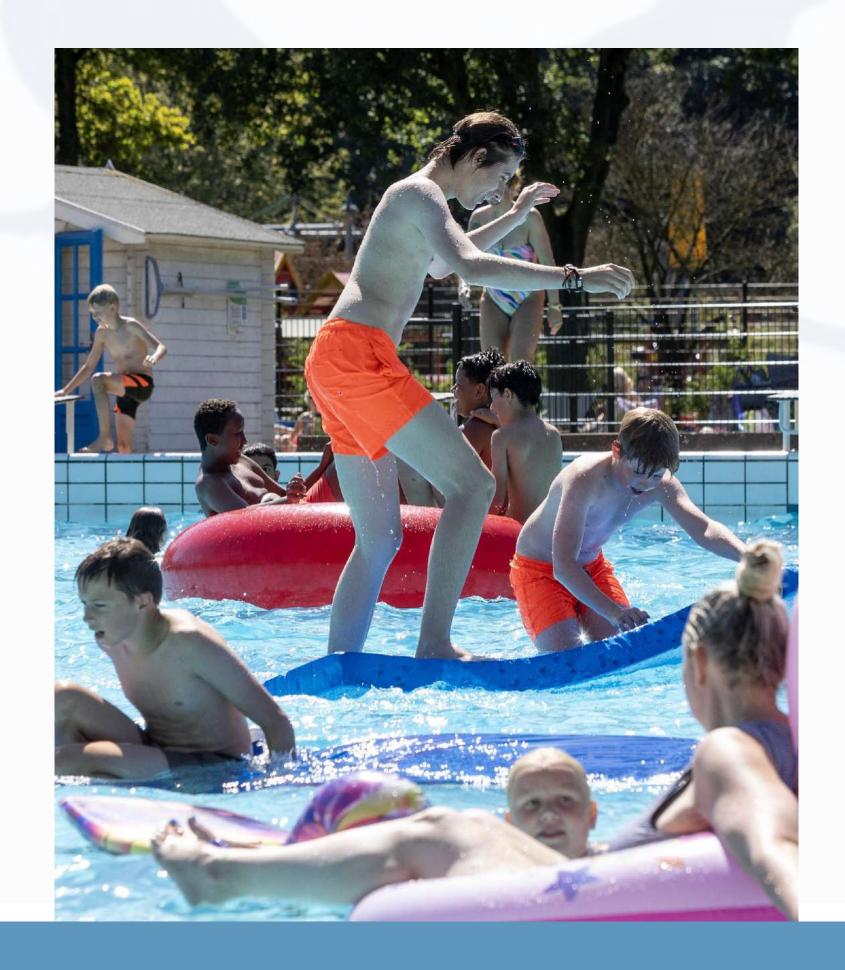


- How do we interact and decide?
- Who can decide what?
- How do we deal with deviant/different opinions?
- How do we deal with conflict?

#### Conversations & decision making



### What's normal & who decides?

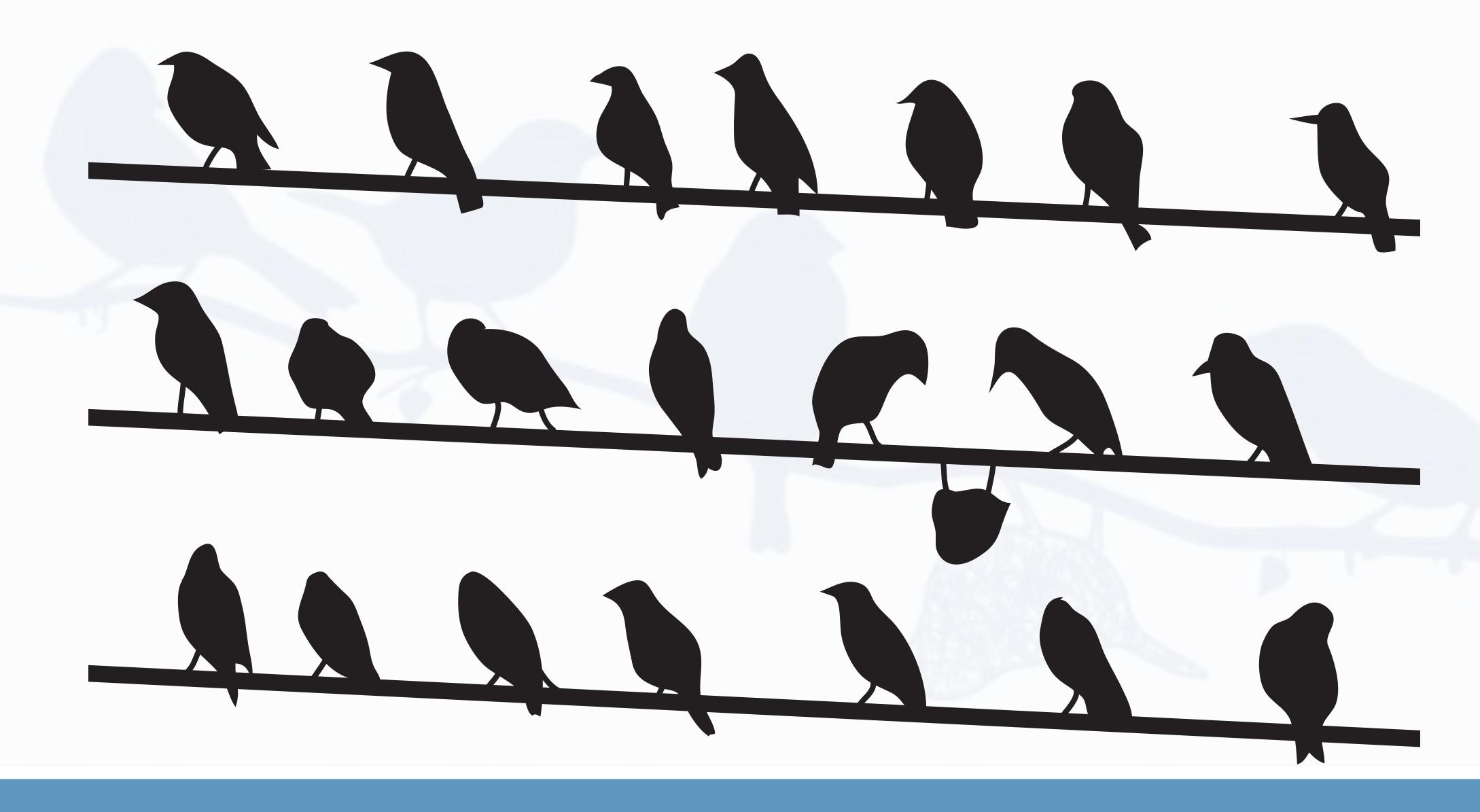




Haarlems Dagblad: Zwembad in IJmuiden bomvol

AD: Drukste zwembad in China

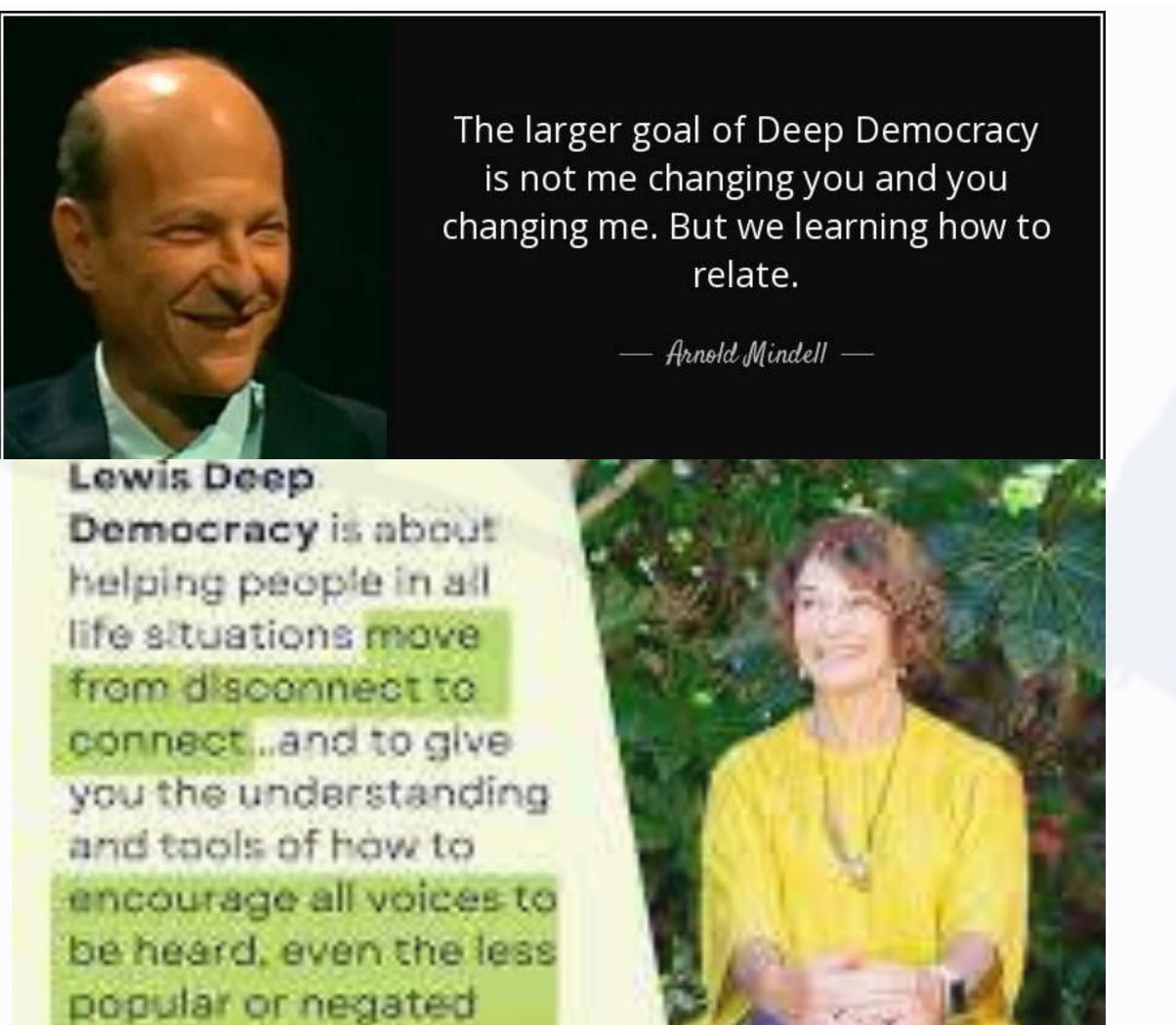




PXL HASSELT - ITP GLOBAL DIVERSITY IN EDUCATION - CULTIVATING INCLUSIVE MINDSETS



- In what situations are you a harry? What do you do in those situations?
- Do you know harry's in your organisation / classroom / around you? How do you deal with them?



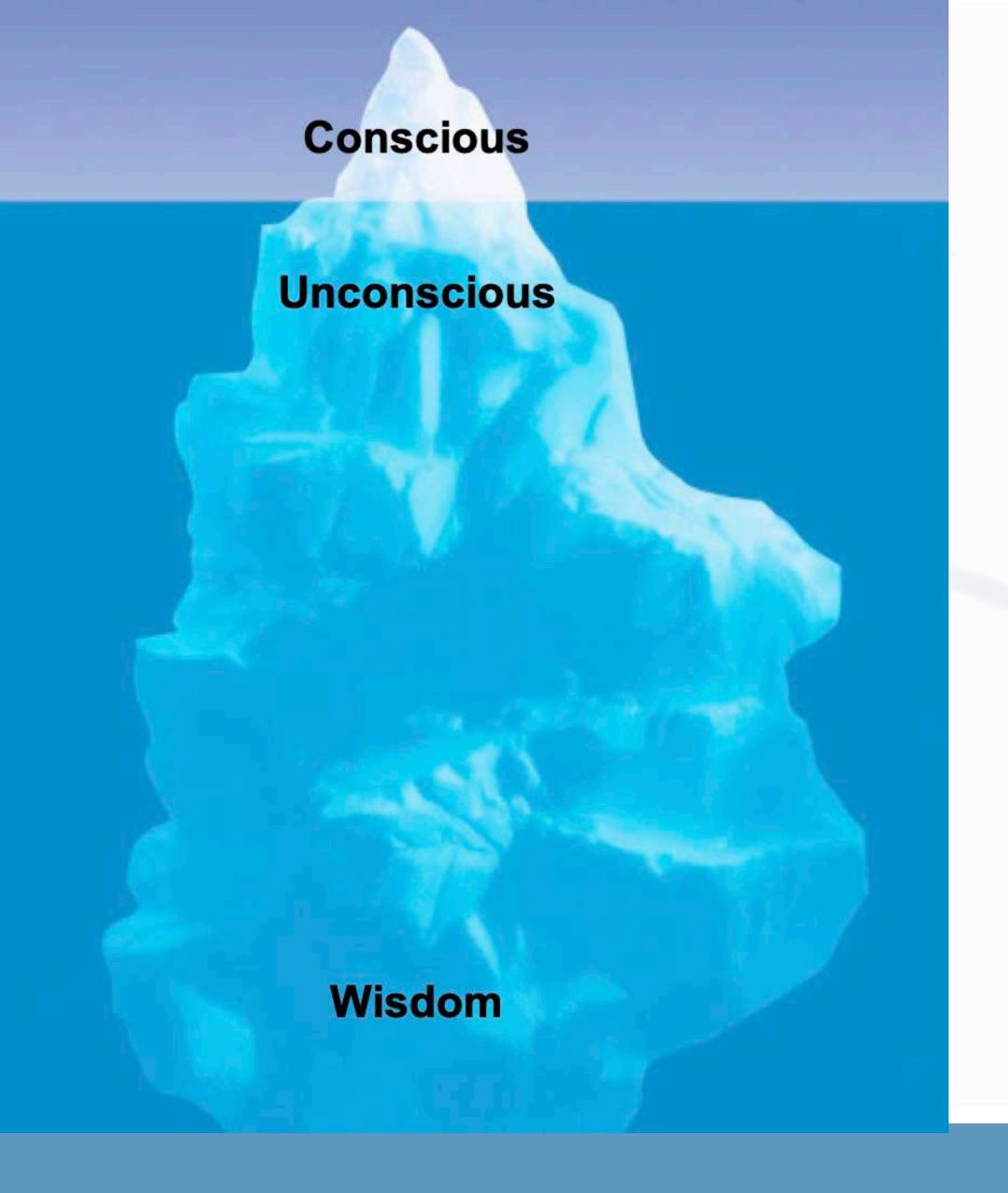
voices.

Myroa Lewis



- The world is deep democractic
- Together we give meaning
- No-one has monopoly on the truth
- We need all perspectives to make the best decisions possible

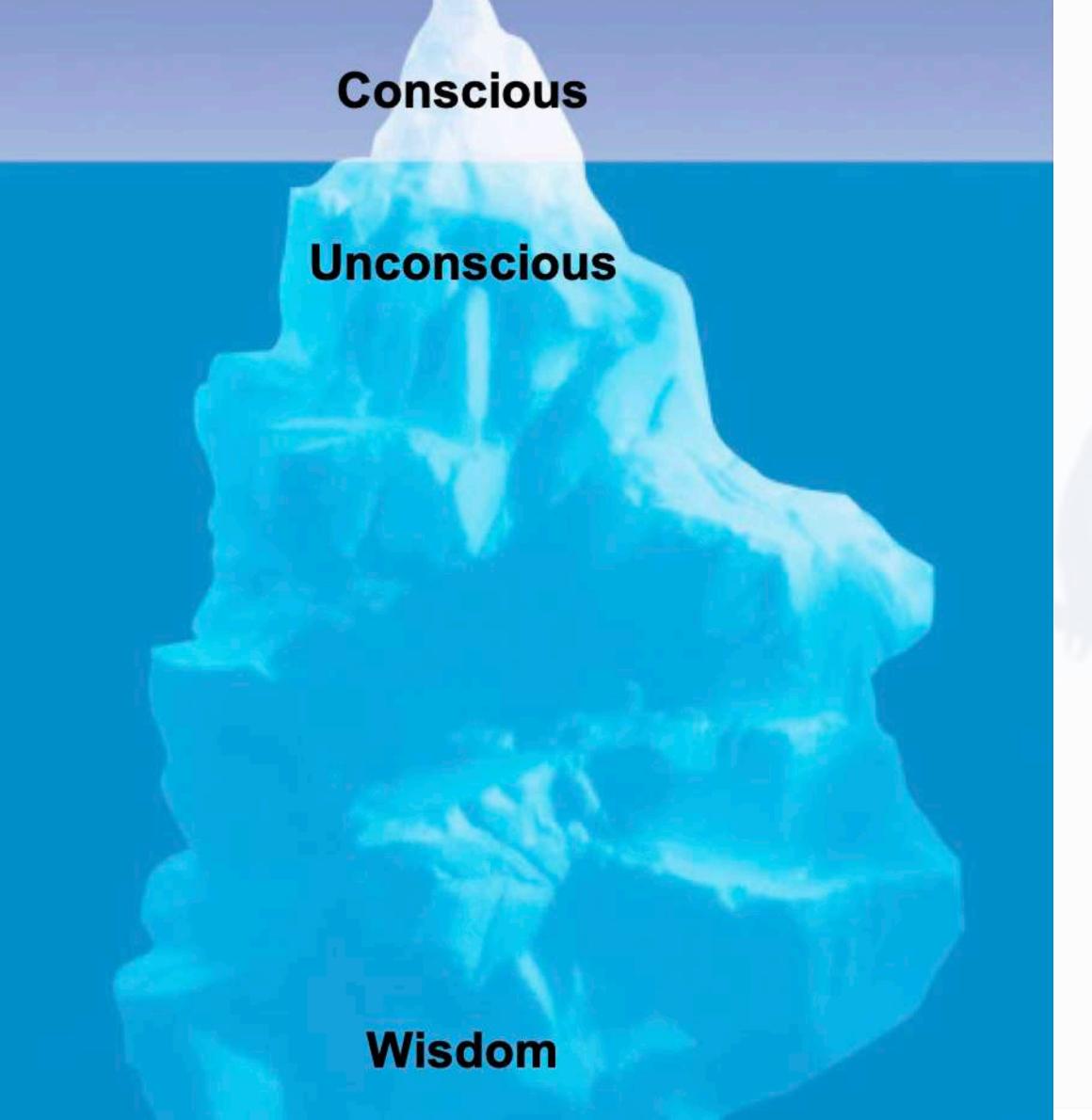
Ground principles of Deep Democracy





- Group conscious:

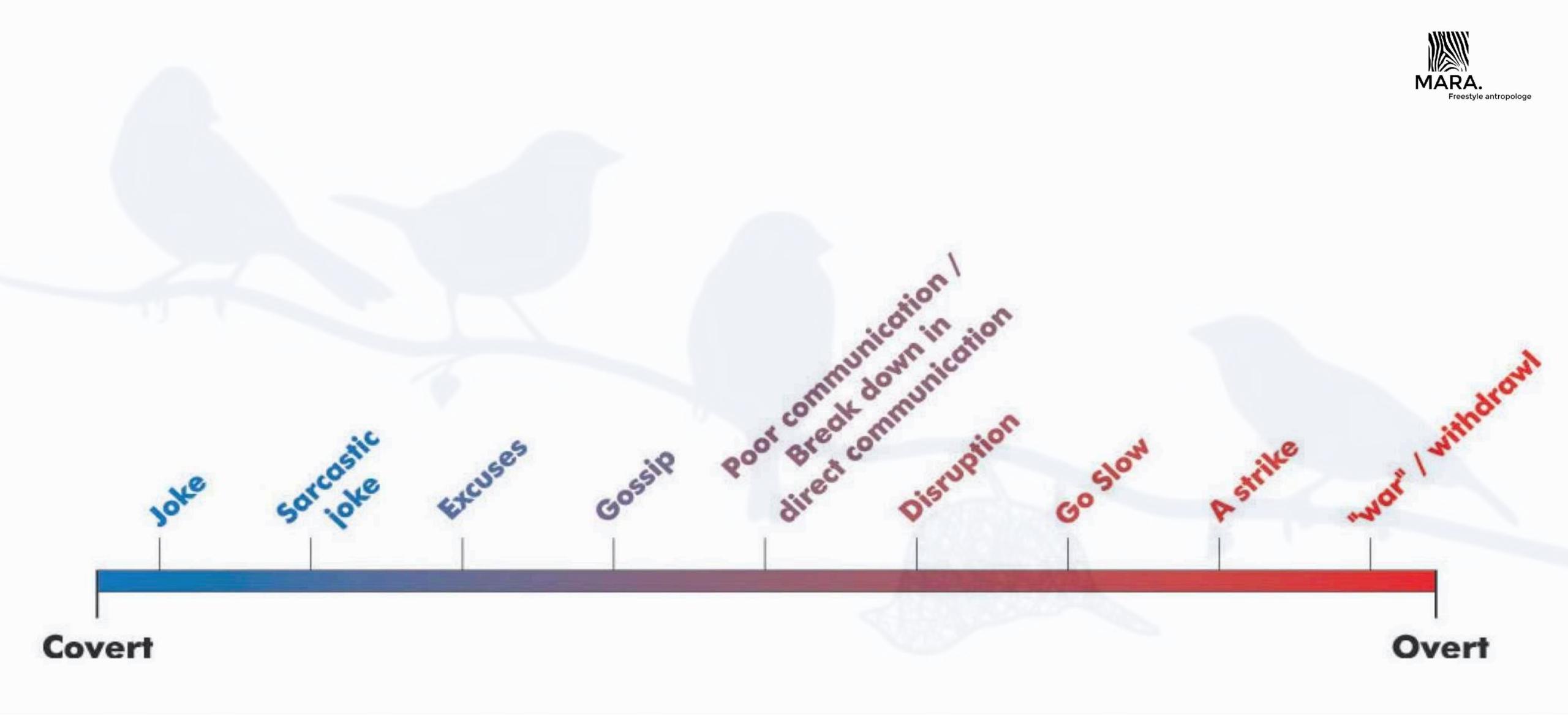
  Everybody is aware of all information
- Group unconscious
   not everyone is aware of all information
- Wisdom/potential:
   Combined knowledge of the group & being able to say what needs to be said







#### Autocratic decisions

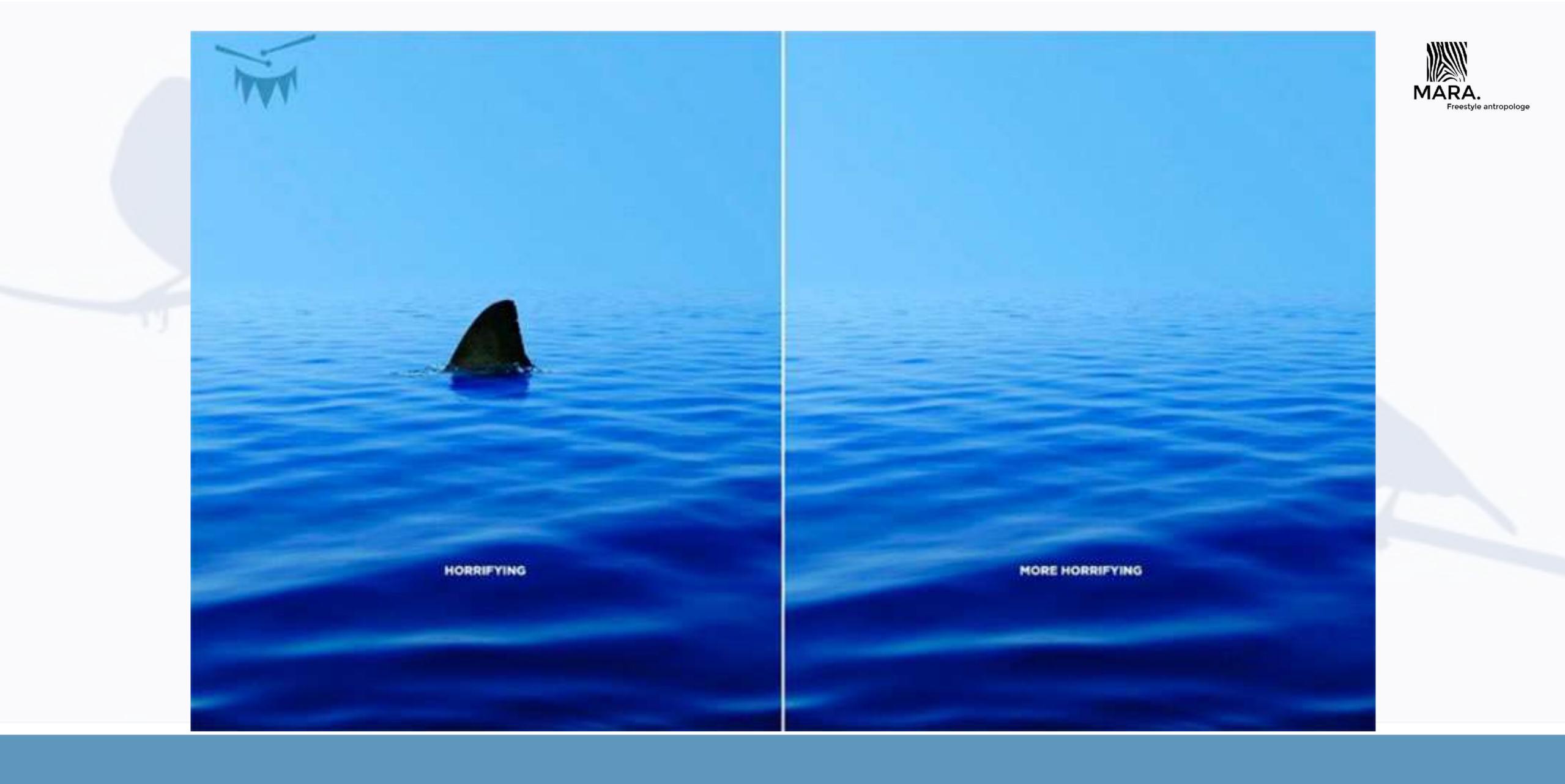


Resistance behaviour: when minority is not heard



- What's your favourite resistance behaviour?
- What do you not like from others?
- What does resistance look like in your organisation/ classroom?

#### Reflection



Diving into the undercurrent? Why would you?





Autocratic <

Deep) democratic



- 1. Gather all the views
- 2. Look actively for the 'no/alternative view'
- 3. Spread the 'no/alternative view
- Vote -
- 4. Include the minority wisdom in the majority decision
- Vote -
- 5. Onder de waterlijn

# Steps of decision making

Gain all the views:
 'Who has an idea?'



- 2. Actively look for the no/alternative view (make it safe to share): 'Who has a different view/idea?' 'Who feels differently?'
- 3. Spread the no/alternative view: 'Who recognises that?'/ 'who thinks/feels something similar?'

Deep Democracy: Gaining all the views



### Vote

- Raise hands
- Maximum one vote per person
- It's okay to vote blank

Before voting, check if everything is said

## Steps of decision making

The best decision possible

4. Include the wisdom of the majority: 'What do you need to come along?'

Deep Democracy: the best decision possible

# Steps of decision making

'Having the conflict'

5. Dive into the unconscious

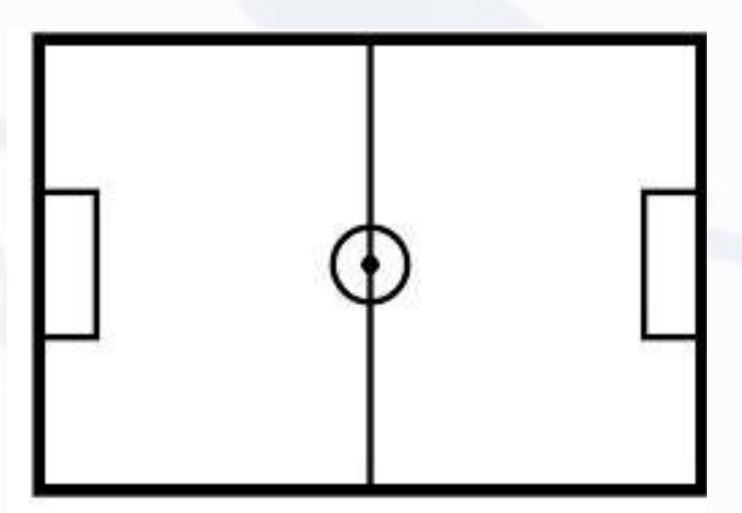
Deep Democracy: dive under the waterline



- 1. Who has an idea?
- 2. Who has a different view/idea/feeling?
- 3. Who recognises this/thinks or feels something similar?
- Vote -
- 4. What do you need to go along?
- Vote-



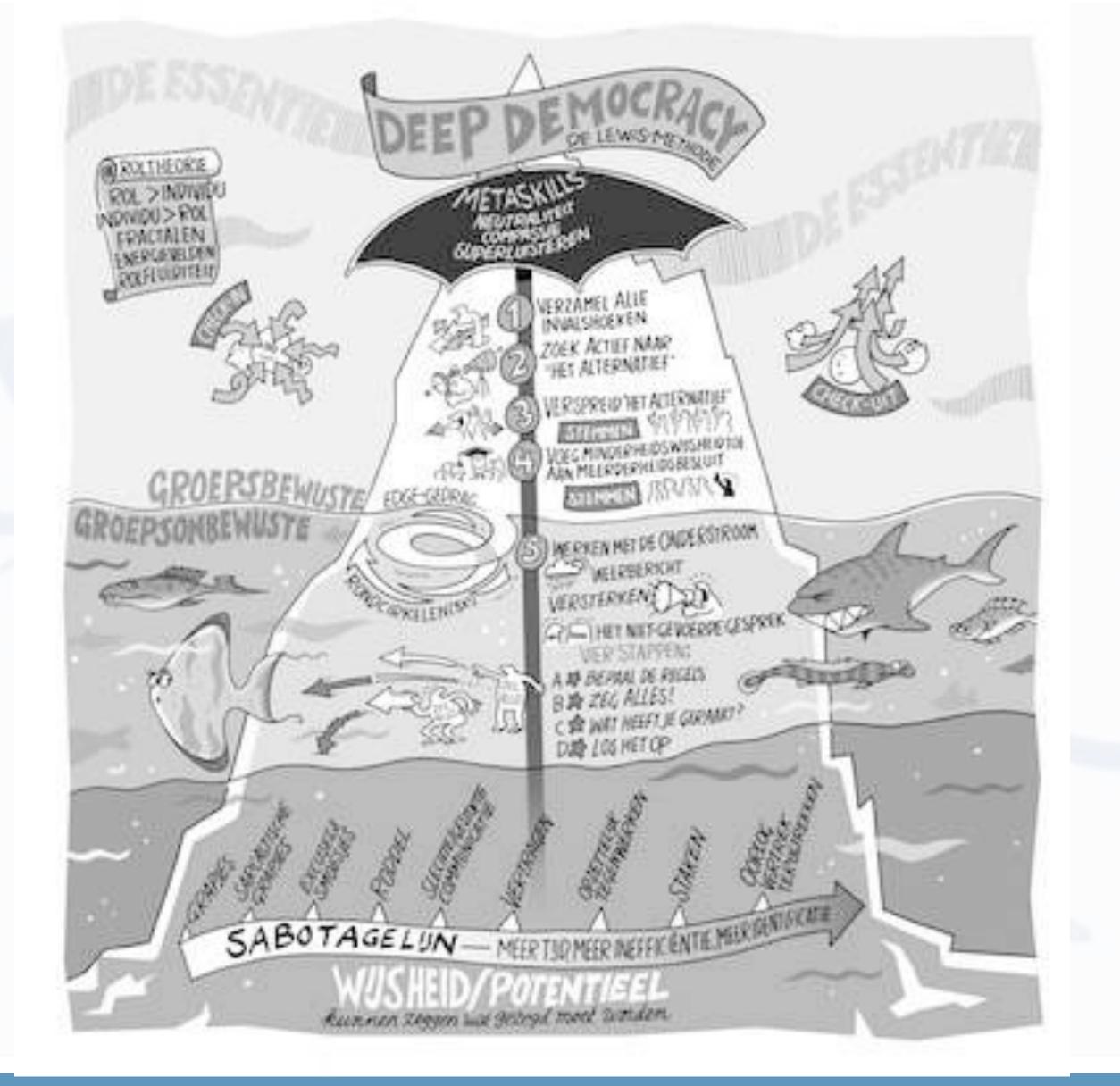
- Autocratic decision: 'I decide'
- Autocratic decision +: 'I decide' + 'what do you need to go along?'
- Informed decision: Step 1 t/m 3 + 'I decide'
- Deep democratic decision: Step 1 t/m 4



#### How much space for inclusion?



Fishes & Sharks: unused wisdom





### Deep Democracy in one picture



## Check - out

